

# **NC Gold, Platinum, Diamond, Sapphire State Meet**

## **Rose's Gymnastics @ Greenville Convention Center**

April 9, 2026 - April 12, 2026

### **Session 1. Sapphires, Diamond Jr, SrA, SrB**

#### **Thursday, Apr 9, 2026**

Sr B (DOB 08/08/2011-01/19/2012)

Sr A (DOB 01/20/2012-10/08/2012)

Jr (DOB 10/09/2012-03/08/2015)

Sapphires (DOB on or before 03/01/2011)

*53 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 5:30 PM*

*March In: 5:50 PM*

*Awards: 9:00 PM*

### **Session 2. Diamond SrC, SrD, SrE**

#### **Friday, Apr 10, 2026**

Sr E (DOB 03/03/2010-09/02/2010)

Sr D (DOB 09/03/2010-12/19/2010)

Sr C (DOB 12/20/2010-08/07/2011)

*43 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 8:00 AM*

*March In: 8:20 AM*

*Awards: 10:55 AM*

### **Session 3. Diamond SrF, SrG, SrH**

Sr H (DOB on or before 12/19/2008)

Sr G (DOB 12/20/2008-08/11/2009)

Sr F (DOB 08/12/2009-03/02/2010)

*43 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 11:10 AM*

*March In: 11:30 AM*

*Awards: 2:05 PM*

## **Session 4. Gold ChA, ChB, ChC, ChD, ChE**

Ch E (DOB 04/07/2016-06/12/2016)

Ch D (DOB 06/13/2016-08/13/2016)

Ch C (DOB 08/14/2016-11/17/2016)

Ch B (DOB 11/18/2016-04/13/2017)

Ch A (DOB 04/14/2017-09/25/2018)

*81 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 2:20 PM*

*March In: 2:40 PM*

*Awards: 5:25 PM*

## **Session 5. Gold ChF, ChG, ChH, ChI, ChJ**

Ch J (DOB 06/17/2015-08/05/2015)

Ch I (DOB 08/06/2015-09/11/2015)

Ch H (DOB 09/12/2015-11/03/2015)

Ch G (DOB 11/04/2015-01/15/2016)

Ch F (DOB 01/16/2016-04/06/2016)

*81 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 5:40 PM*

*March In: 6:00 PM*

*Awards: 8:45 PM*

## **Session 6. Gold ChK, JrA, JrB, JrC, JrD**

**Saturday, Apr 11, 2026**

Jr D (DOB 09/27/2014-11/12/2014)

Jr C (DOB 11/13/2014-01/21/2015)

Jr B (DOB 01/22/2015-03/12/2015)

Jr A (DOB 03/13/2015-05/05/2015)

Ch K (DOB 05/06/2015-06/16/2015)

*81 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 8:00 AM*

*March In: 8:20 AM*

*Awards: 11:05 AM*

## **Session 7. Gold JrE, JrF, JrG, JrH, JrI**

Jr I (DOB 01/01/2014-03/06/2014)

Jr H (DOB 03/07/2014-05/15/2014)

Jr G (DOB 05/16/2014-06/22/2014)

Jr F (DOB 06/23/2014-08/17/2014)  
Jr E (DOB 08/18/2014-09/26/2014)  
80 gymnasts  
*Format: Modified Capitol Cup*  
*Open Stretch Begins: 11:20 AM*  
*March In: 11:40 AM*  
*Awards: 2:25 PM*

## **Session 8. Gold JrJ, JrK, SrA, SrB, SrC**

Sr C (DOB 03/13/2013-05/19/2013)  
Sr B (DOB 05/20/2013-07/09/2013)  
Sr A (DOB 07/10/2013-08/29/2013)  
Jr K (DOB 08/30/2013-10/11/2013)  
Jr J (DOB 10/12/2013-12/31/2013)  
82 gymnasts  
*Format: Modified Capitol Cup*  
*Open Stretch Begins: 2:40 PM*  
*March In: 3:00 PM*  
*Awards: 5:45 PM*

## **Session 9. Gold SrD, SrE, SrF, SrG, SrH**

Sr H (DOB on or before 09/15/2011)  
Sr G (DOB 09/16/2011-04/24/2012)  
Sr F (DOB 04/25/2012-09/18/2012)  
Sr E (DOB 09/19/2012-12/22/2012)  
Sr D (DOB 12/23/2012-03/12/2013)  
82 gymnasts  
*Format: Modified Capitol Cup*  
*Open Stretch Begins: 6:00 PM*  
*March In: 6:20 PM*  
*Awards: 9:05 PM*

## **Session 10. Platinum JrA, JrB, JrC, JrD**

### **Sunday, Apr 12, 2026**

Jr D (DOB 02/09/2014-07/12/2014)  
Jr C (DOB 07/13/2014-10/25/2014)  
Jr B (DOB 10/26/2014-04/04/2015)  
Jr A (DOB 04/05/2015-09/09/2016)  
64 gymnasts  
*Format: Modified Capitol Cup*  
*Open Stretch Begins: 8:00 AM*  
*March In: 8:20 AM*  
*Awards: 10:50 AM*

## **Session 11. Platinum JrE, JrF, JrG, JrH**

Jr H (DOB 01/06/2013-05/03/2013)

Jr G (DOB 05/04/2013-08/25/2013)

Jr F (DOB 08/26/2013-11/27/2013)

Jr E (DOB 11/28/2013-02/08/2014)

*62 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 11:05 AM*

*March In: 11:25 AM*

*Awards: 1:55 PM*

## **Session 12. Platinum SrA, SrB, SrC, SrD**

Sr D (DOB 12/27/2011-05/29/2012)

Sr C (DOB 05/30/2012-08/06/2012)

Sr B (DOB 08/07/2012-10/29/2012)

Sr A (DOB 10/30/2012-01/05/2013)

*63 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 2:10 PM*

*March In: 2:30 PM*

*Awards: 5:00 PM*

## **Session 13. Platinum SrE, SrF, SrG, SrH**

Sr H (DOB on or before 11/22/2009)

Sr G (DOB 11/23/2009-02/17/2011)

Sr F (DOB 02/18/2011-08/14/2011)

Sr E (DOB 08/15/2011-12/26/2011)

*64 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 5:15 PM*

*March In: 5:35 PM*

*Awards: 8:05 PM*